



# THE HARVARD CLUB

O F S A N F R A N C I S C O

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*Serving the Harvard Community of Northern California*

[www.harvardclub-norcal.org](http://www.harvardclub-norcal.org)

## SPOTLIGHT ON...

### Past President

**Gary Arsham '63, M.D., Ph.D.**

Gary is a physician/educator specializing in patient education and health behavior. He is a past President of the HCSF and HAA Regional Director, as well as national board member of the American Diabetes Association and officer and board member of the American Association of Diabetes Educators..



Gary has served as Chair and CEO of the National Accreditation Commission for Schools and Colleges of Acupuncture and Oriental Medicine, the only nationally recognized accrediting body in the field.

Since 1982, Gary has been VP of a company that consults with institutions, associations, and pharmaceutical and equipment manufacturers in the areas of medical and patient education. He has also been an active investigator in developing training materials (continued on page 2)

## Current Events

### Date Event

- 12/2 Book Club: Islam
- 12/6 Pianist Willaim Watson
- 12/10 Activities Meeting
- 12/11 Nutcracker SF Ballet
- 1/19 Latino Committee
- 2/8 Songs of Spanish Civil War
- 2/16 Ano Nuevo Elephant Seals

## Pianist William Watson

**Thursday, December 6th, 7:00 pm**  
**University Club, San Francisco**

Join us for a wonderful evening of holiday music with William Watson, who is hailed by critics as one of today's top pianists.

William has produced two albums on BurnhamWoods Records, and his moving performances have garnered numerous awards such as:

- New Age Voice (Top Five Best Acoustic Instrumental, 1999)
- Crossroads Music Magazine (Contemporary Instrumentalist of the Year, 2000)
- Gay Lesbian American Music Awards (nominated for Pop Instrumentalist of the Year in 2000 and Male Artist of the Year in 1998)
- Wind and Wire Magazine (Year's Best List, 1997/1999)

William's music appeals to both classi-

cal and "new acoustic" audiences. Critics have termed his style "stunningly beautiful and emotionally deep" and called him the new "George Winston."



The child of civil rights workers in Mississippi, he got a piano-performance scholarship at the University of Southern Mississippi, where he earned a B.S. in the fields of both Philosophy/Religions and Anthropology, and an M.A. in Psychology.

Tickers are \$10 for members in advance or \$15 at the door (\$15/20 for non members). RSVP to the club office.

Appetizers and cash bar start at 6:30 pm, so remember to come early. The Winter Holiday Event is sponsored by the HCSF Diversity Committee.

- Modesta Garcia & Lisa Webb



## "September 11th" Series Upcoming Programs to Discuss Current Events & Public Policy



This HCSF committee is organizing events to promote the discussion and understanding

of the manifold issues surrounding the recent international terrorism, war, and American responses. However due to the rapidly changing circumstances, upcoming sessions have been in flux. We welcome your participation in the planning. For more details, contact Marc Miller at [mmiller@crimsonlanguage.com](mailto:mmiller@crimsonlanguage.com).

The Latino Committee is holding a meeting on Saturday, January 19, 10-12 noon, at Daly City. Get Directions when you RSVP by 1/17 to Jesse Martinez, Chair, at "[jesse\\_m@post.harvard.edu](mailto:jesse_m@post.harvard.edu)" or (415) 292-6869. Welcome, Everyone!  
-Jesse Martinez

## March 2002 - Ski Trip

The 2nd annual HCSF ski trip will be at Northstar at Tahoe in March 2002.

If you wish to enjoy skiing or snowboarding, you have come to right place! Northstar has some of the best terrain for beginners to experts, and an innovative learning program ranked by SKI magazine as one of the country's top 15 snowsport schools.

Save a weekend date. Details will be forthcoming in the next newsletter.

- Andre Brown



## Understanding Islam

### Book Discussion Group Sunday, December 2nd, 4:00 pm

Keeping up with current events, we will discuss "Islam: A Short History" by Karen Armstrong, the author of *Muhammad* and *A History of God*.



Please RSVP to:  
George Duke, JD '59  
San Rafael, CA  
(415) 456-5204

## Interview for Harvard

Help Cambridge by interviewing high school applicants. A few openings in our elite interview corps are available in some Bay Area counties. The time required is short but deadlines are typically tight. Interviews and reports are usually done within two weeks, to benefit the school's admissions office.

If you are interested, please contact Peggy Brown at [mdbk@pge.com](mailto:mdbk@pge.com) or 415-753-2629. Please provide your name, year of graduation, place of residence, phone numbers (home, work, cell), e-mail address, occupation, and prior interview experience, if any.

## Spotlight On (cont. from page 1)

for patients, particularly in the areas of asthma and diabetes. He has authored, co-authored, or developed over 60 educational/scientific publications, including a widely available best selling book for those affected by diabetes, now in its 3rd edition (*Diabetes: A Guide to Living Well*).

Currently, Gary is co-authoring another book to be published by the ADA, and is a member of the Department of Medicine of California Pacific Medical Center in San Francisco.

## Activities Committee Announcement

Do you have a personal interest or professional issue that you feel passionately about? Would you like the opportunity to share it with other Club Members? If so, please join us for the next Harvard Club Activities Committee meeting on Monday, December 10, 2001. Organizing your own event with the help of the San Francisco Harvard Club is fun. It's easy. And it will give you and your brain-child exposure to an intelligent, eclectic audience. Consider these examples of successful past events.

White Water Rafting  
Shakespeare at Stinson Beach  
Tosca, A Night at the Opera  
Opening Night at the Nutcracker

Now, what's your idea? To find out how to make it a reality, join us for the next Activities Committee Meeting (refreshments and a charming group of colleagues are complimentary) on Monday, December 10, at Law Offices of McCutchen, Doyle, Brown, & Enersen at Three Embarcadero Center, 25th Floor, San Francisco. If you can't make the meeting by 6:00 p.m., please notify the Club office by phone no later than 5:00 on the 7th. There's a very cautious lobby attendant.

### HARVARD CLUB OF SAN FRANCISCO

**President:** Modesta Garcia EdM '79

**President-Elect:** Walter J. Sleeth '65

**VP Activities:** Andre C. Brown '91

**VP Schools:**

Margaret deBeers Brown '65, Law '68

**VP Data Management:** Ron E. Davis '67

**Secretary:** Elsa Pulido EdM '93

**Treasurer/CFO:** David W. Walker SMG '97

**Archivist/Historian:**

Andrew Jameson MA '52, PhD '58

**Membership Chair:** Paul R. Toulmin '59

**Newsletter Editor:** Oliver C. Chin '91

**Diversity Committee Chair:**

Lisa Webb EdM '86

**Latino Committee Chair:**

Jesse Martinez MPP'90

**Recent Graduates Chair:**

Justin White '99, Jennifer Steffens '99

**Executive Director:** Judith Novak

**Office:** 4200 California St., Suite 207

San Francisco, CA 94118

**Phone:** (415) 750-1442

**Fax:** (415) 750-1446

**E-mail:** [hcsf@harvardclub-norcal.org](mailto:hcsf@harvardclub-norcal.org)

**Web:** [www.harvardclub-norcal.org](http://www.harvardclub-norcal.org)

## Love in the Sand Dunes

**Año Nuevo State Reserve  
February 16, 2002**

We will make our annual pilgrimage to the famous Año Nuevo beach to observe the largest mainland breeding colony of Northern elephant seals.

The males battle for mates on the beaches and the females give birth to their pups on the dunes. It is a unique and unforgettable natural spectacle that hundreds of thousands of people come to witness each year. During the breeding season, December 15 through March 31, daily access to the Reserve



is available only via guided walks.

Tenatively scheduled for February

16th, look for further details in the February newsletter. Call Paul Toulmin '59 with any questions (415) 864-1138.

## Celebrate the SF Ballet's Nutcracker

**Tuesday, December 11th, 6:30 pm  
Opera House, San Francisco, CA**



Join our 2nd annual evening at Gal... Opening Night of the San Francisco Ballet's Nutcracker... by the splendid performance, holiday decorations and delicious treats in the grand foyer of the Opera House.

Opening Night is a very special San Francisco tradition, with snow falling as guests arrive on the Opera House steps and a Sugar Plum world of fantasy and

feast awaiting inside the resplendent lobby. Our guests will be greeted and entertained, with special photo opportunities, by the Fairy Princess, clowns, a stilt walker, Nutcrackers, and other ballet players in costume.

The performance begins at 7:30 p.m. Festivities and special effects (snow) begin at 5:30 pm. (continued on pg. 2)

Complimentary desserts will be served at intermission along with host champagne.

Ticket price, including pre-performance and intermission desserts and entertainment, is \$55.00 per person. Reservations must be paid for by November 16.

RSVP to the club office immediately. The event planner, Elaine Black, will distribute paid tickets in the Opera House lobby from 6:30 to 7:00 pm. Latecomers may pick up their tickets at the lobby ticket window. Please arrive no later than 7:15 pm.  
- Elaine Black

### Event Reservations - December 2001/January 2002

Events marked (R) require advance reservations and payment. Club policy requires a 48-hour notice for cancellations. No-shows will be charged. Reserve your seats by phone, fax or mail. You may pay by credit card (Visa, MasterCard) or with a personal check.

Current Events	Res	Date	Cost	Qty	\$ Total
Piano Recital - William Watson	(R)	12/6	\$10	x	_____ = _____
Nutcracker SF Ballet	(R)	12/11	\$55	x	_____ = _____
Songs of the Spanish Civil War	(R)	2/8	\$25	x	_____ = _____
<b>\$ Total</b>					_____

RSVP - phone: (415) 750-1442  
fax: (415) 750-1446  
hcsf@harvardclub-norcal.org

Or mail this form & make check payable to:  
Harvard Club of San Francisco  
4200 California St. # 207, SF, CA 94118

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone (Day):** (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**Phone (Eve):** (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**Pay by:** Visa  MasterCard

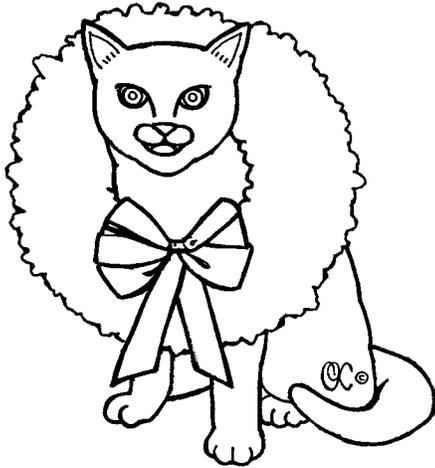
**Card Number:** \_\_\_\_\_

**Exp. Date:** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

**Signature:** \_\_\_\_\_

Note: No confirmations are sent. Door lists are maintained. Reservations made less than 48 hours before an event must be placed with a credit card. Events at the University Club require a dress code: men wear a coat and tie and women wear comparable formality (no jeans or tennis shoes).

## Happy Holidays to You!



The HCSF wishes you, your family, and friends an enjoyable holiday season and New Year. We look forward to seeing you at more exciting events in 2002. This newsletter is a combined issue, so the next will be February '02.

## 2001 HAA Award Winner

The Harvard Alumni Association recently honored Ellen McHugh LaFollette '54. She is currently national co-chair to endow the Radcliffe Alumnae Professorship at the Radcliffe Institute for Advanced Study in the Faculty of Arts and Sciences. Ellen is a former Radcliffe trustee, president of the Radcliffe Club of SF, HAA director, and member of the HAA Awards Committee. In 1994 she received the RCAA Distinguished Service Award.

## Hear the Songs of the Spanish Civil War

**Friday, February 8th, 8-10:15 pm**  
**Herbst Theatre, San Francisco**

This struggle had its own rich musical legacy: songs reflecting the violent passions, deep ideological commitments, and folk traditions of the numerous factions involved.

Sponsored by Humanities West, versatile artists Michael Smith and Jamie O'Reilly present the cabaret "*Pasiones*." The popular and folk song of this turbulent period are combined with the prose and poetry of such contemporary literary giants as Garcia Lorca, Hemingway, Brecht, and Orwell.

Sandie Holguin, a brilliant scholar of modern Spanish history, will introduce the performance with a description of the political, intellectual, and cultural context of the conflict, the so-called "dress rehearsal for World War II."

HCSF members have a special opportunity to meet the performers at a reception after the program at the Clean Well-Lighted Place for Books.

Cost is \$25.00 per person. The Herbst Theater is at 401 Van Ness Avenue. RSVP to the club office.

- Frank Rettenberg



The Humanities West program, "One Hundred Years in Barcelona," continues the next morning and afternoon of Saturday, February 9th. On the agenda will be more interesting lectures on history, art, literature, the architecture of Antonio Gaudi, and a performance of Catalanian dance.



For more details on these events, please call Frank Rettenberg at (415) 472-1339. We look forward to seeing you there.



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 4200 California Street, Suite 207  
 San Francisco, CA 94118